

# NORTHERN BEACHES

## WALKING GROUPS

### Long Reef Walking Group

**When:** 9am, every Monday

**Where:** Long Reef Golf Club, Anzac Ave, Collaroy, 2097

**Contact:** [events@proveda.com.au](mailto:events@proveda.com.au)

<https://proveda.com.au/event/long-reef-walking-group/2026-03-23/>



### The Belong Club - Narrabeen Walk and Talk

**When:** 9:30am, every Tuesday; 10am, every Friday

**Where:** Tramshed Arts and Community Centre, 1395a Pittwater Road, Narrabeen, 2101

**Contact:** Alison - [belongclub@proveda.com.au](mailto:belongclub@proveda.com.au)

<https://www.heartfoundationwalking.org.au/fundraiser/id-2n7aoi/the-belong-club-narrabeen-walk-and-talk>

### Forest Walkers

**When:** refer to Forest Walkers Walks Program

**Where:** Forestville RSL, 22 Melwood Ave, Forestville, 2087

**Contact:** [douglas.creek@optus.net](mailto:douglas.creek@optus.net)

<https://forestwalkers.org/>



### Mall Walking @ Warringah

**When:** 7:30am, every Tuesday & Thursday

**Where:** Meet at BW above woolies, 145 Condamine St, Brookvale, 2100

**Contact:** Becky - 0451 686 896

<https://www.manlyaustralia.com.au/14731/mall-walking-warringah/>

# NORTHERN BEACHES PARKRUN

Parkrun is a global, community-driven event that offers free, weekly, timed 5km runs or walks, held in parks or open spaces. Open to people of all ages and fitness levels, tracking of time and progress is optional.

**All locations run from Saturday 8am, till finish.**

Register online prior to the date at: <https://www.parkrun.com.au/register/>

## Parkruns Near You

### Curl Curl

John Fisher Park, Harbord Road, Curl Curl

<https://www.parkrun.com.au/curlcurl/>

### St Ives

Ku-ring-gai Wildflower Garden, 420 Mona Vale Road, St Ives

<https://www.parkrun.com.au/wildflower/>

### Mosman

Spit West Reserve, The Spit, Mosman

<https://www.parkrun.com.au/mosman/>

### North Sydney

St Leonards Park, Ridge St, North Sydney

<https://www.parkrun.com.au/northsydney/>

