

BRIGHTON LE SANDS LETS GET ACTIVE



OUTDOOR GYMS



COOK PARK (PRESIDENT AVE)



**The Grand Parade
Monterey NSW 2217**

Equipment: monkey bars / body dips
Roman rings / leg press / chest press
body twist / leg raise / box jump



GUJAGA PARK



**341 West Botany Street
Rockdale NSW 2216**

Equipment:
pull up bars / monkey bars / Roman rings
parallel bars / sisu box / bench /
balancing combination unit for seniors

COOK PARK (BRUCE STREET)



**The Grand Parade
Brighton-Le-Sands NSW 2216**

Equipment:
bench / multi bench / log hop

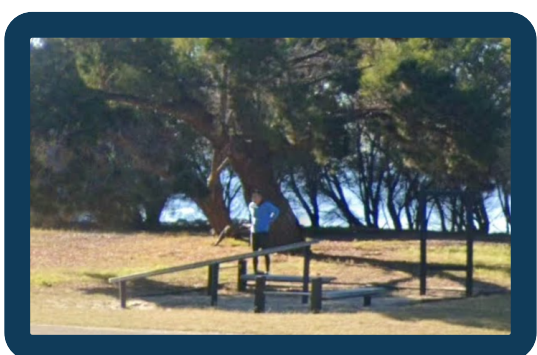
COOK PARK (ALICE STREET)



**The Grand Parade
Sans Souci NSW 2219**

Equipment: leg press / pull down / pull up bars
leg raise / body dip / Roman rings
multi bench / mobility wheel / body twist
step up station / stretch station

COOK PARK (FLORENCE STREET)



**The Grand Parade
Ramsgate Beach NSW 2217**

Equipment:
pull up bar / bench / step

MORE
LOCAL
PARKS

