



## Guide to

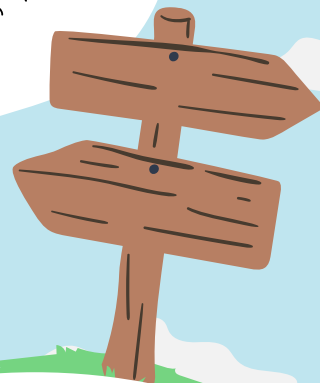
# INCLUSIVE SPORT AND RECREATION OPPORTUNITIES

## Disability Sports Australia (DSA)

A national organisation dedicated to fostering inclusive sports and active lifestyles for Australians.

### Parents & Carers Support:

- *Abilities Unleashed* – come and try experience connecting people with disability to local sport and active recreation activities
- Blacktown Disability Sports Centre - multipurpose indoor training facility for athletes with disability.



## Belongside families

(Formerly known as Kindred)

A not-for-profit organisation supporting families of children with disabilities, developmental delay, and autism across NSW.

### Parents & Carers Support:

- Peer support to help navigate services
- Connection with other parents
- Online programs, workshops, and resources
- *Count Me In* – a guide to support parents access PA opportunities



## Cerebral Palsy Sporting and Recreation Association (CPSARA)

A NSW Disability Sports Organisation dedicated to fostering inclusive sports and active lifestyles for Australians with cerebral palsy and other neurological conditions.

### Parents and Carers Support:

- Monthly newsletters
- Mentoring programs for parents and children
- Events to connect with other families
- Information on funding opportunities

