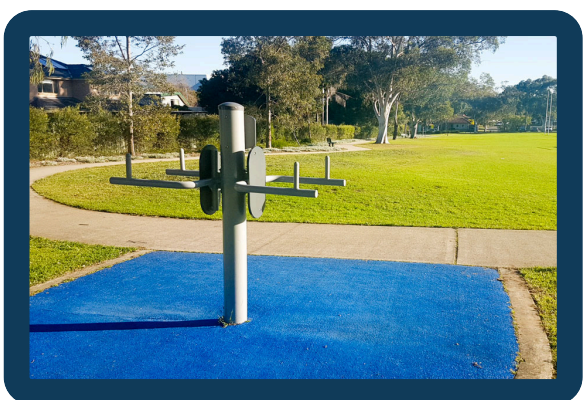


WESTMEAD LETS GET ACTIVE OUTDOOR GYMS



ARTHUR PHILLIP PARK



**Park Street
Northmead NSW 2152**

Equipment:
pull up bar / leg raise
sit up bench



CIVIC PARK



**18 Billabong St
Pendle Hill NSW 2145**

Equipment: elliptical trainer / aerobic cycle / body dips
leg press / chest press / body twist / dexterity builder
pull downs / shoulder mobility wheel / pull up bars
gorilla bars / parallel bars / leg raises / roman rings
multi bench / sit up bench / stretch station / etc.

GRANVILLE PARK



**2 Montrose Ave
Merrylands NSW 2160**

Equipment: elliptical trainer / bike / chest press
gorilla bars / pull up bar / pull downs / roman rings
body dips / leg raises / leg press / horizontal bars
sit up bench / step up station / stretch station

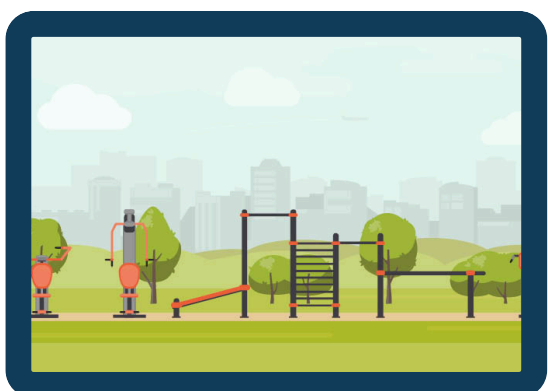
TOM UREN PARK



**20 Karani Ave
Guildford West NSW 2161**

Equipment:
bike / body dips / chest press / dip bench
sit up bench / roman rings / pull up bars
step up station

DIRRABARI RESERVE



**35 Edward Dr
Pemulwuy NSW 2145**

Equipment: (coming soon)
aerobic walker / bike / leg left/dip bar / dexterity bar
shoulder wheel / body twist / trapeze rings / step up
pull up bars / chin up bars / push up bar
leg press / butterfly press / shoulder press

**MORE
LOCAL
PARKS**

CUMBERLAND
PARRAMATTA

