





# CARLTON LETS GET ACTIVE



## OUTDOOR GYMS



#### MA AN SHAN FRIENDSHIP PARK



143 West Street
South Hurstville NSW 2221

Equipment: parallel bars / pull-up bars / dip bars bench / balance beam

#### **WOODVILLE PARK**



29 Wright Street Hurstville NSW 2220

Equipment:
elliptical trainer / stationary bike
parallel bars / chest press / leg press
shoulder press / balance beam

#### **COOK PARK**



The Grand Pde opp, President Ave, Monterey NSW 2217

Equipment: monkey bars / body dips Roman rings / leg press / chest press body twist / leg raise / box jump

### STUART PARK



Stuart St Blakehurst NSW 2221

Equipment: pull-up bar / push up bar bench dip bars / vault bar / step / bench stretch station

#### TIMOTHY RESERVE



30D Dora St Hurstville NSW 2220

Equipment: elliptical trainer





